



www.vitalityunlimited.org

## REQUEST FOR ADMISSION (RFA)

Admissions Department Cell: 775-934-8537 | Fax: 775-461-0062

email: [intake@vitalityunlimited.org](mailto:intake@vitalityunlimited.org)

Date: \_\_\_\_\_

Applicant Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Caller Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

How did you hear about Vitality? \_\_\_\_\_

Have you ever been a Vitality client?  Yes  No Are you motivated for treatment?  Yes  No

Why are you applying for treatment? \_\_\_\_\_

### APPLICANT INFORMATION

Address \_\_\_\_\_  
PO Box or Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

DOB \_\_\_\_\_ Social Security No. \_\_\_\_\_ Gender  Male  Female

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Relationship \_\_\_\_\_

### MEDICAL

Do you have any of the following?  Food Allergies  COPD  Diabetes  Incontinence  No

Explain \_\_\_\_\_

Do you have active insurance?  Yes  No

Primary Insurance \_\_\_\_\_ Name of Policy Holder \_\_\_\_\_

Member number \_\_\_\_\_ SSN \_\_\_\_\_ DOB \_\_\_\_\_

Secondary Insurance \_\_\_\_\_ Name of Policy Holder \_\_\_\_\_

Member number \_\_\_\_\_ SSN \_\_\_\_\_ DOB \_\_\_\_\_

What medications are you taking?  
\_\_\_\_\_

Do you have any medical or physical conditions that would prevent you from being able to participate in treatment?  Yes  No If yes, explain: \_\_\_\_\_

Do you require any of the following?     Wheelchair     Walker     Oxygen     No

Have you ever attempted suicide?     Yes     No    If yes, when and explain:

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Have you ever been diagnosed with a mental health disorder?     Yes     No    If yes, explain:

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**LEGAL**

Are you currently involved with the legal/judicial system?     Yes     No

Explain \_\_\_\_\_

Have you ever been arrested for, charged with, or convicted of a sexual or violent crime including domestic offenses?     Yes     No

Explain \_\_\_\_\_

**SUBSTANCE USE**

SUBSTANCE	DATE OF LAST USE	AMOUNT	FREQUENCY
Alcohol			
Methamphetamines			
Cocaine			
Heroin/Opiates			
Marijuana			
Club Drugs (Ecstasy, Molly, Acid, GHB)			
Sedatives/Tranquilizers			
Prescription Medications			
Inhalants			
Tobacco			
Synthetic Drugs			
Maintenance Drugs (Methadone, Suboxone, Vivitrol)			

Have you ever had DTs, hallucinations, or severe withdrawals?     Yes     No

# PLANNING FOR TREATMENT AT VITALITY

Please limit the amount of luggage you bring to treatment.

1. **Free** your schedule of all obligations and appointments: legal, medical, dental, CPS, court, etc. You must take care of your pending issues prior to entering treatment.
2. You will need two (2) forms of identification such as a driver's license, photo ID, Social Security card, or birth certificate.
3. If uninsured, you must have proof of household income for the past calendar year. Paycheck stubs, W2s, tax returns or a notarized letter from an acceptable agency.
4. **MEDICATION:** If you are taking prescribed medication, it is your responsibility to provide them.
  - **BRING A FULL 45-DAY SUPPLY OF ALL APPROVED MEDICATIONS.**
  - Admissions Coordinator must approve all medication during the application process.
  - If you have unauthorized medication in your possession upon admission, it will be destroyed.
  - HPN does not contract with pharmacies regardless of their other affiliation, e.g. Raley's, Walmart, etc.
  - HPN Consumers must be prepared to pay for their medications.
  - All Consumers regardless of their payor source, e.g. private or public health insurance will be charged for Blister Packs – a required method used to package your medication.
5. **CLOTHING:** Vitality Unlimited's dress code is strictly enforced. Staff will confiscate any clothing deemed inappropriate. The confiscated clothing will be returned at the time of discharge. Bring enough clothing and undergarments (socks, underwear, bras) for seven (7) days. Please do not over pack. We have laundry facilities.
  - Pants must fit properly and shouldn't have holes or rips. You will not be allowed to wear skin-tight or sagging pants.
  - Clothing that is considered provocative, gang related, drug and alcohol related, or otherwise overtly controversial, is not allowed.
  - Certain clothing may not be suitable. Hooded shirts or sweatshirts are only allowed to be worn outside.
  - It is mandatory for Consumers to sleep in pajamas or sweatpants and T-shirts.
  - Slippers are needed and a robe is suggested.
  - No open-toed shoes.
  - Please be mindful of the time of year and bring seasonally appropriate items.
6. **HYGIENE PRODUCTS:** Read all product labels.
  - Products containing alcohol are not allowed.
  - Aerosols of any type (hairspray, foot spray, deodorants) are not allowed.
  - You should bring your personal toiletries: soap, toothbrush, toothpaste, deodorant, sunscreen, body lotion, shampoo, conditioner, hair dryer, curling iron, etc.
7. For journaling or writing letters bring non-wire bound notebooks/pads, stamps, and envelopes.
8. All consumers will be charged \$50.00 per trip for medical transport. Medicaid clients are excluded.
9. We are a tobacco-free and vape-free facility, but you may purchase lozenges from Vitality for \$30 a box. Each box contains 80 lozenges. The facilities accept cash or debit/credit cards. Nicotine patches are available through prescription.

10. **PLEASE NOTE:** Communication with family and friends will be restricted to written form for the first ten (10) days of treatment.
11. Vitality Unlimited will not be liable for lost or stolen items. Do not bring items of value. Please leave valuables at home.

**DO NOT BRING THE FOLLOWING ITEMS TO TREATMENT AT VITALITY**

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|----------------------|----------------------------|------------------------------|
| 3-Ring binders       | Electric razors            | Nicotine patches             |
| Alcohol              | Electric toothbrushes      | Perfume                      |
| Ballpoint pens       | Electronic games           | Radio                        |
| Bed linens or sheets | Food                       | Scissors                     |
| Beverages            | Gum                        | Sharp objects                |
| Bicycles             | Guns                       | Spiral notebooks             |
| Blankets or throws   | Herbs                      | Tattoo guns or paraphernalia |
| Camera               | Highlighters               | Television                   |
| Candy                | Illegal drugs              | Tobacco replacement products |
| CD/DVD players       | Ink/Gel pens               | Tools                        |
| Cell phones          | iPods                      | Towels                       |
| Cigarettes           | Knives                     | Un-authorized prescriptions  |
| Colognes             | Latex/Nitril rubber gloves | Vape juice                   |
| Commit lozenges      | Markers                    | Vapes                        |
| Condoms              | Mechanical pencils         | Vitamins                     |
| Cough drops          | Mouthwash                  | Weapons                      |
| E-cigarettes         | Nail polish or remover     |                              |

**Be aware that if any of the above-mentioned items are brought to Vitality, they will be removed immediately and/or may be destroyed.**