



www.vitalityunlimited.org

## REQUEST FOR ADMISSION (RFA)

Admissions Department: Cell 775-934-8537 | Fax 775-461-0062

email: [intake@vitalityunlimited.org](mailto:intake@vitalityunlimited.org)

Date: \_\_\_\_\_

Applicant Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Caller Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Referral Source: \_\_\_\_\_

Have you ever been a Vitality client? Yes No

Why are you applying for treatment? \_\_\_\_\_

### APPLICANT INFORMATION

Address: \_\_\_\_\_  
PO Box or Street City State Zip

Email \_\_\_\_\_

DOB \_\_\_\_\_ Gender Male Female

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Relationship \_\_\_\_\_

### MEDICAL

Do you have any of the following conditions? Food Allergies COPD Diabetes

Explain \_\_\_\_\_

Do you have active insurance? Yes No

Primary Insurance \_\_\_\_\_ Name of Policy Holder \_\_\_\_\_

Member number \_\_\_\_\_ SSN \_\_\_\_\_ DOB \_\_\_\_\_

Secondary Insurance \_\_\_\_\_ Name of Policy Holder \_\_\_\_\_

Member number \_\_\_\_\_ SSN \_\_\_\_\_ DOB \_\_\_\_\_

What medications are you taking?

Do you have any medical or physical conditions that would prevent you from being able to participate in treatment? Yes No If yes, explain: \_\_\_\_\_

Do you require any of the following?      Wheelchair                      Walker                      Oxygen

Have you ever attempted suicide?      Yes      No      If yes, explain:

Have you ever been diagnosed with a mental health disorder?      Yes      No      If yes, explain:

### LEGAL

Are you currently involved with the legal/judicial system?      Yes      No

Explain \_\_\_\_\_

Have you ever been arrested for, charged with, or convicted of a sexual or violent crime including domestic offenses?      Yes      No

Explain \_\_\_\_\_

### SUBSTANCE USE

SUBSTANCE	DATE OF LAST USE	AMOUNT	FREQUENCY
Alcohol			
Methamphetamines			
Cocaine			
Heroin/Opiates			
Marijuana			
Club Drugs (Ecstasy, Molly, Acid, GHB)			
Sedatives/Tranquilizers			
Prescription Medications			
Inhalants			
Tobacco			
Synthetic Drugs			
Maintenance Drugs (Methadone, Suboxone, Vivitrol)			

Have you ever had DTs, hallucinations, or severe withdrawals?      Yes      No

# PLANNING FOR TREATMENT AT VITALITY

Please limit the amount of luggage you bring to treatment.

1. **Free** your schedule of all obligations and appointments: legal, medical, dental, CPS, court, etc. You must take care of your pending issues prior to entering treatment.
2. You will need two (2) forms of identification such as a driver's license, photo ID, Social Security card, or birth certificate.
3. If uninsured, you must have proof of household income for the past calendar year. Paycheck stubs, W2s, tax returns or a notarized letter from an acceptable agency.
4. **MEDICATION:** If you are taking prescribed medication, it is your responsibility to provide them.
  - **BRING A FULL 30-DAY SUPPLY OF ALL APPROVED MEDICATIONS.**
  - Admissions Coordinator must approve all medication during the application process.
  - If you have unauthorized medication in your possession upon admission, it will be destroyed.
  - HPN does not contract with pharmacies regardless of their other affiliation, e.g. Raley's, Walmart, etc.
  - HPN Consumers must be prepared to pay for their medications.
  - All Consumers regardless of their payor source, e.g. private or public health insurance will be charged for Blister Packs – a required method used to package your medication.
5. **CLOTHING:** Vitality Unlimited's dress code is strictly enforced. Staff will confiscate any clothing deemed inappropriate. The confiscated clothing will be returned at the time of discharge. Bring enough clothing and undergarments (socks, underwear, bras) for seven (7) days. Please do not over pack. We have laundry facilities.
  - Pants must fit properly and shouldn't have holes or rips. You will not be allowed to wear skin-tight or sagging pants.
  - Clothing that is considered provocative, gang related, drug and alcohol related, or otherwise overtly controversial are not allowed.
  - Certain clothing may not be suitable. Hooded shirts or sweatshirts are only allowed to be worn outside.
  - It is mandatory for Consumers to sleep in pajamas or sweatpants and T-shirts.
  - Slippers are needed and a robe is suggested.
  - No open-toed shoes.
  - Please be mindful of the time of year and bring seasonally appropriate items.
6. **HYGIENE PRODUCTS:** Read all product labels.
  - Products containing alcohol are not allowed.
  - Aerosols of any type (hairspray, foot spray, deodorants) are not allowed.
  - You should bring your personal toiletries: soap, toothbrush, toothpaste, deodorant, sunscreen, body lotion, shampoo, conditioner, hair dryer, curling iron, etc.
7. For journaling or writing letters bring non-wire bound notebooks/pads, stamps, and envelopes.
8. All consumers will be charged \$50.00 per trip for medical transport. Medicaid clients are excluded.
9. Consumers must purchase any vaping products from Vitality. Outside products are not allowed. \$25.00 for vape base and starter tip, \$23.00 for every two vape tips after that. Underage youth will not be allowed to purchase or use vaping products.

10. The Elko facility has a service dog, please advise us of any allergies, or issues you may have with this.
11. PLEASE NOTE: Communication with family and friends will be restricted to written form for the first ten (10) days of treatment.
12. Vitality Unlimited will not be liable for lost or stolen items. Do not bring items of value. Please leave valuables at home.

### **DO NOT BRING THE FOLLOWING ITEMS TO TREATMENT AT VITALITY**

3-Ring binders	Electronic games	Sharp objects
Alcohol	Food	Spiral notebooks
Ballpoint pens	Gum	Tattoo guns or paraphernalia
Bed linens or sheets	Guns	Television
Beverages	Herbs	Tobacco replacement products
Bicycles	Highlighters	Tools
Blankets or throws	Illegal drugs	Towels
Camera	Ink/Gel pens	Un-authorized prescriptions
Candy	iPods	Vape juice
CD/DVD players	Knives	Vapes
Cell phones	Latex/Nitril rubber gloves	Vitamins
Cigarettes	Markers	Weapons
Colognes	Mechanical pencils	
Commit lozenges	Mouthwash	
Condoms	Nail polish or remover	
Cough drops	Nicotine patches	
E-cigarettes	Perfume	
Electric razors	Radio	
Electric toothbrushes	Scissors	

**Be aware that if any of the above-mentioned items are brought to Vitality, they will be removed immediately and/or may be destroyed.**